# **EXERCISE SCIENCE**

#### Mary Ann DeLuca, Ph.D., Chair

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Exercise science has three options to allow you to take the professional career path you like. They are pre-professional, athletic training and any other minor leading to business or teaching.

**Pre-professional** – This is the route to take if you wish to pursue your doctorate in physical therapy or other similar professional degrees after graduating from D&E.

Athletic Training Minor – This would permit you to pursue your master's degree and Athletic Training Certification at an accredited school after graduation. We also have matriculation agreements with Bridgewater College in Virginia, and Waynesburg College in Pennsylvania. Four seats are available in their master's degree programs for students from our department.

**Any other minor** – Some students choose business or education as a minor, but you have the option of any minor D&E offers.

#### POPULAR COURSES

- Foundations of Physical Education
- Human Anatomy
- Human Physiology
- Safety, First Aid and CPR
- Kinesiology
- Exercise Testing and Prescription
- Physiology of Exercise
- Life Span Development
- Stress Testing
- Research Methods and
  Interpretation

### EMPLOYMENT PLACEMENTS

- Physical therapy
- Occupational therapy
- Pharmacy
- Athletic training
- Chiropractic medicine
- Corporate health/wellness

13:1 Student to Faculty Ratio <700 Students Enrolled

Personal training

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Davis & Elkins College

- Prime Sports Performance
- The Campus/Integrated Sports
- Forward & Up Fitness
- West Virginia University
- University of Kentucky
- D'Youville College
- Pacific University

"D&E provided a wide support system for me which helped me become the person I wanted to be. I chose exercise science, in part, because I enjoy working with people, which is why I want to pursue a career in medicine." - Natalie Green

Natalie completed a Master's Degree in Health Sciences at WVU and is now a student in the West Virginia University School of Medicine.



- Raymond Bliss Army Hospital/Sport
- Performance Physical Therapy
- Youth Health
- Patriot Physical Therapy
- Pivot Physical Therapy
- Megacorp Logistics
- Heartland Rehabilitation Services
- Elkins Randolph Co YMCA
- Wingate University

