

# Davis & Elkins College™

## Department of Sport Science

### BS Four-Year Degree Plan (Exercise Science with Athletic Training Minor)

This is a model four-year graduation plan. Your path to graduation may vary based on factors such as college credit you earned while in high school, your choice of general education electives, availability of courses, and your placement in English and Mathematics.

This degree program can be completed in eight semesters. Check out the [course rotations](#) before scheduling your classes. Visit with your advisor to develop a plan that is right for you.

#### Year 1

Fall		Spring	
Course	Credits	Course	Credits
SPSC 120: Fnd of PE, Ex. Sci., and Sport	3	BIOL 108: Physiology	4
BIOL 107: Anatomy	4	History	3
ENGL 101A: College Writing I	3	Social Science other than PSYC	3
General Electives	6	MATH 193	3
		General Elective	3
<b>Total</b>	<b>16</b>		<b>16</b>

#### Year 2

Fall		Spring	
Course	Credits	Course	Credits
SPSC 213: Ex Testing	3	ENGL 102A: College Writing II	3
NURS 107: Nutrition	3	CHEM 108/109: Basic Chem	4
SPSC 230: Principles of Athletic Training	3	SPSC 102: Wellness Education	1
Communications	3	MATH 180: Statistics	3
SPSC 103: Activity	1	General Ed. Elective	3
General Elective	3		
<b>Total</b>	<b>16</b>		<b>14</b>

**Year 3**

<b>Fall</b>		<b>Spring</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
CHEM 115/116: Basic Chem II	4	SPSC 317: Therapeutic Rehabilitations	3
Literature	3	PSYC 200	3
SPSC 307: Kinesiology	3	SPSC 309: Phys of Exercise	3
SPSC 260: General Medical Conditions	3	RELG or PHL	3
General Elective	3	SPSC 310	3
<b>Total</b>	<b>16</b>		<b>15</b>

**Year 4**

<b>Fall</b>		<b>Spring</b>	
<b>Course</b>	<b>Credits</b>	<b>Course</b>	<b>Credits</b>
SPSC 314: Research Methods	3	Creative Arts	3
	3	SPSC 496	3
	3		
General Elective	6	SPSC 225: Safety, FA, and CPR	3
		SPSC 350: Personal Training	3
<b>Total</b>	<b>15</b>		<b>15</b>

**Note:**

**This plan is not a contract curriculum and is subject to change.**

If you elect to take the lowest recommended number of credits each semester, you will not have enough credits to graduate in four years. You need a total of 124 credits, not including FND courses.

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## Department of Sport Science

### BS Four-Year Degree Plan (Exercise Science with academic minor)

This is a model four-year graduation plan. Your path to graduation may vary based on factors such as college credit you earned while in high school, your choice of general education electives, availability of courses, and your placement in English and Mathematics.

This degree program can be completed in eight semesters. Check out the [course rotations](#) before scheduling your classes. Visit with your advisor to develop a plan that is right for you.

#### Year 1

Fall		Spring	
Course	Credits	Course	Credits
SPSC120: Fnd. of PE, Ex. Sci., and Sport	3	BIOL 108: Physiology	4
BIOL 107: Anatomy	4	History	3
ENGL 101A: College Writing I	3	Social Science other than PSYC	3
General Elective	6	MATH 193	3
		General Elective	3
<b>Total</b>	<b>16</b>		<b>16</b>

#### Year 2

Fall		Spring	
Course	Credits	Course	Credits
SPSC 213: Ex Testing	3	ENGL 102A: College Writing II	3
NURS 107: Nutrition	3	CHEM 108/109: Basic Chem	4
Minor Elective	3	SPSC 102: Wellness Education	1
Communications	3	MATH 180: Statistics	3
SPSC 103: Activity	1	Minor elective	3
General Elective	3		
<b>Total</b>	<b>16</b>		<b>14</b>

**Year 3**

Fall		Spring	
Course	Credits	Course	Credits
CHEM 115/116: Basic Chem II	4	SPSC 310: Stress Testing	3
Literature	3	PSYC 200	3
SPSC 307: Kinesiology	3	SPSC 309: Phys of Exercise	3
Minor elective	3	RELG or PHL	3
General Elective	3	Minor Elective	3
<b>Total</b>	<b>16</b>		<b>15</b>

**Year 4**

Fall		Spring	
Course	Credits	Course	Credits
SPSC 314: Research Methods	3	Creative Arts	3
SPSC 225	3	SPSC 496	3
Minor Elective	3	Minor Elective	3
General Elective	6	General Elective	6
<b>Total</b>	<b>15</b>		<b>15</b>

**Note:**

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# Davis & Elkins College™

## Department of Sport Science

### BS Four-Year Degree Plan (Exercise Science with Pre-Physical Therapy)

This is a model four-year graduation plan. Your path to graduation may vary based on factors such as college credit you earned while in high school, your choice of general education electives, availability of courses, and your placement in English and Mathematics.

This degree program can be completed in eight semesters. Check out the [course rotations](#) before scheduling your classes. Visit with your advisor to develop a plan that is right for you.

#### Year 1

Fall		Spring	
Course	Credits	Course	Credits
SPSC 120: Fnd of PE, Ex. Sci., and Sport	3	BIOL 108: Physiology	4
BIOL 107: Anatomy	4	History	3
ENGL 101A: College Writing I	3	Social Science other than PSYC	3
General Elective	6	MATH 193	3
		General Elective	3
<b>Total</b>	<b>16</b>		<b>16</b>

#### Year 2

Fall		Spring	
Course	Credits	Course	Credits
SPSC 213: Ex Testing	3	ENGL 102A: College Writing II	3
NURS 107: Nutrition	3	CHEM 122/123: Chem II	4
CHEM 120/121: Chem I	4	SPSC 102: Wellness Education	1
Communications	3	MATH 180: Statistics	3
SPSC 103: Activity	1	General Elective	6
MATH 195: Pre-Calculus	4		
<b>Total</b>	<b>18</b>		<b>17</b>

**Year 3**

Fall		Spring	
Course	Credits	Course	Credits
BIOL 101: Biology I	4	BIOL 102: Biology II	4
Literature	3	PSYC 200	3
SPSC 307: Kinesiology	3	SPSC 309: Phys of Exercise	3
PSYC elective	3	RELG or PHL	3
		SPSC 310	3
*Take GRE			
<b>Total</b>	<b>13</b>		<b>16</b>

**Year 4**

Fall		Spring	
Course	Credits	Course	Credits
SPSC 314: Research Methods	3	Creative Arts	3
SPSC 225	3	SPSC 496	3
PHYS 221: Physics I	4	PHYS 222: Physics II	4
General Elective	6	General Elective	6
*Apply to PT Schools			
<b>Total</b>	<b>16</b>		<b>16</b>

**Notes:**

**This plan is not a contract curriculum and is subject to change.**

If you elect to take the lowest recommended number of credits each semester, you will not have enough credits to graduate in four years. You need a total of 124 credits, not including FND courses.